

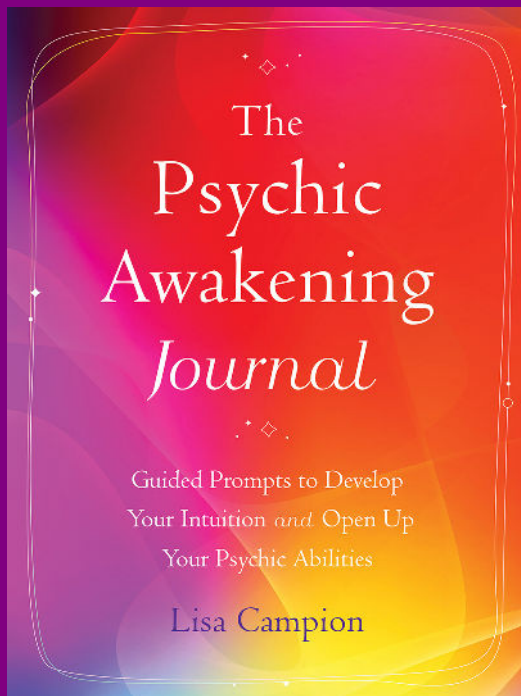
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The Psychic Awakening *Journal*

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Guided Prompts to Develop
Your Intuition *and* Open Up
Your Psychic Abilities

Lisa Champion



The Psychic Awakening Journal

Guided Prompts to Develop Your Intuition and Open Up Your Psychic Abilities

Lisa Campion



Lisa Campion is a psychic counselor and Reiki master teacher with more than twenty-five years of experience. She has trained more than one

thousand practitioners in the hands-on, energy-healing practice of Reiki, including medical professionals; and has conducted more than fifteen thousand individual sessions in her career. Campion is author of several books, including *The Art of Psychic Reiki*. Based near Providence, RI; she specializes in training emerging psychics, empaths, and healers so they can fully step into their gifts—the world needs all the healers it can get!

Have you been told that you're deeply intuitive?

Do you ever have a sense that something will happen—and then it does? If so, you may be psychically gifted. And if you're like many other gifted individuals, these intuitive and psychic experiences often feel strong in the moment, but are easily forgotten if you don't write them down. This guided journal offers a sacred space to record your experiences, deepen your feelings of intuition, and open up to your psychic senses.

From renowned psychic and Reiki master Lisa Campion—author of *Art of Psychic Reiki* and *Energy Healing for Empaths*—this journal will help you understand, develop, and harness your own psychic ability, so you can live your life with a greater sense of meaning and purpose. With the simple prompts in the journal, you'll discover creative ways to interpret your dreams and premonitions, and identify which areas of your life need healing.

You can also use the journal to record Tarot card pulls, Psychic experiences in life and dreams, Signs, omens, and synchronicities, Psychic opening exercises, and/or Thoughts and reflections about your psychic growth.

Our intuition is constantly guiding us toward our life's purpose—we just need to know how to listen to this inner voice. Let this journal guide you as you connect with and strengthen your psychic abilities and experience a deeper, more spiritual life.

Lisa Campion ||| 508-473-0609 ||| lisacampion.com

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INTERVIEW QUESTIONS

1. Why a journal? How does using a journal help you develop your psychic abilities?
2. What's the difference between intuition and psychic abilities?
3. Is everyone psychic or are only special people given this ability?
4. Your psychic abilities started when you were just a child. What was it like growing up as a psychic and sensitive?
5. Why would we want to maximize our psychic abilities? What are they really good for?
6. How has the media portrayed psychics that leads to a lot of myths and misconceptions about what psychic experiences really are?
7. What do you say to people who are skeptical about psychic experiences?
8. I have heard about the psychic senses, the "clairs." What are they really and how do we tell which ones we might have?
9. What are "spirit guides" and do we all have them?
10. How do these beings communicate with us, and what can we do to increase that communication?
11. Lots of people are scared of psychics, and scared of their abilities. What can we do to overcome these fears?
12. What are some of the things we can do to increase our psychic abilities?
13. Some people feel very overwhelmed by their psychic experiences and their sensitivities. How do we turn it off so we can function in the world?

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SOCIAL NETWORKING INFORMATION



Website - www.lisacampion.com

Facebook - <https://www.facebook.com/lisaxcampion/>

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Youtube - <https://www.youtube.com/channel/UCnvOvLs14nF1ZjTLLp9mjag>

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“Lisa Campion’s The Psychic Awakening Journal is one of the best tools I’ve ever experienced for awakening one’s intuitive ability. Whether you’re a seasoned pro at using intuition to guide your life, or a total newbie, this powerful book will bring you to your next best psychic level. I was astonished at how many of the exercises seemed deceptively simple, and then yielded astounding results. I’ll be recommending this phenomenal book to all of my future clients and students who seek to connect with that strong, steady, quiet voice within.”

—Lauren Sapala, author of *The INFJ Writer* and *The INFJ Revolution*

“In her several books to date, Lisa Campion invites seekers into greater understanding and use of their healing and intuitive superpowers. She does this from a place of authority developed over her lifetime of learning and using what she teaches to heal and empower others—including me. This offering is another step deeper into your own gifts and powers. Let Lisa take you by the hand and lead you into self-discovery and direct knowledge of who you really are with the help of this grounded, experiential, guided journal.”

—Jacob Nordby, author of *Blessed Are the Weird* and *The Creative Cure*

“Lisa Campion takes readers on a deep dive into the nature of psychic abilities. She offers a guided journaling path for accessing your intuition and psychic awareness. Lisa says we are all psychic, and simply need tools and practices to activate our psychic potential and unique personal gifts. The Psychic Awakening Journal is one of these tools and it can help you get in touch with your wisest self!”

—Lynda Monk, MSW, RSW, CPCC, director of the International Association for Journal Writing, coeditor of *The Great Book of Journaling*, and coauthor of *Writing Alone Together*

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The best book we'll ever read about our psychic development is our own journal, and Lisa Campion has created The Psychic Awakening Journal just for us. It is a must-have tool for growing along the path of psychic and spiritual development. To have a special place to document our psychic hits, insights, dreams, as well as synchronicities that relate to the oracle cards we pull each day is one of the most empowering gifts we can give ourselves."

—Kelly Sullivan Walden, author of A Crisis Is a Terrible Thing to Waste and Luminous Humanness Dream Oracle

"The Psychic Awakening Journal is a well-written, thorough, and down-to-earth guide for awakening and safely using one's psychic gifts. The author dispels common illusions about the unseen realms, provides no-nonsense information about what not to do and where not to go, and gives detailed developmental exercises—all while using highly illustrative stories from students and examples from her own experiences. A delight to read and highly informative!"

—Cate Montana, author of Cracking the Matrix and The E Word

"As someone who spent most of her life thinking psychic abilities were the exclusive domain of born-gifted humans I admired from afar, I can attest that the tools presented here will transform your life. It's tremendously exhilarating to awaken this superpower within yourself, and I'm so glad Lisa has given us this actionable accompaniment to the wealth of information she provided in Awakening Your Psychic Ability."

—Lisa McCourt, author of Free Your Joy, and founder of Joy School

"If you want a simple and straightforward way to awaken your psychic abilities, look no further than this playful and insightful journal by Lisa Campion."

—Victoria Shaw, PhD, LPC, intuitive counselor, soulful psychologist, and host of the Intuitive Connection podcast

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