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- There are an estimated 1 million Reiki practitioners in the United States, and nearly 170,000 massage therapists using Reiki in their work; it's even offered in complementary and alternative medicine units at major hospitals, where it's used for pain relief, pre- and post-surgery, and on patients receiving chemotherapy.
- As a Reiki master teacher, author Lisa Campion has trained more than 1,000 practitioners in the hands-on, energy healing practice of Reiki, including nurses, therapists, and physicians. She has conducted more than 15,000 individual sessions over her career.
- Empaths and highly sensitive people are often drawn to healing arts such as Reiki, but many struggle to navigate their intuitive and psychic sensitivities. This unique guide offers a complete course in Reiki while helping practitioners develop the empathic, psychic, and intuitive skills they need to stay grounded and be confident in their work.

The Art of Psychic Reiki

Developing Your Intuitive and Empathic Abilities for Energy Healing

LISA CAMPION

From master Reiki teacher Lisa Campion comes *The Art of Psychic Reiki*, a one-of-a-kind, step-by-step guide for learning the sacred art of Reiki while cultivating the psychic and intuitive skills crucial to this healing energy work.

Reiki is a gentle yet powerful, hands-on energy healing method from Japan that's been gaining in popularity over the last century—not only with bodyworkers and massage therapists in the West but also with medical professionals who can attest to its healing power. Born from the author's decades of experience with Reiki healing and her own methods, *The Art of Psychic Reiki* provides everything you need to know about this healing art, including the critical psychic development and empathy training that prepares healers to go out and do the work they were meant to do.

If you're drawn to the healing art of Reiki, you might be a highly sensitive person, with high levels of empathy, intuition, and latent psychic abilities (a combination of intuition and inner knowing, plus the ability to connect with higher wisdom). And since Reiki is a form of energy healing, many new practitioners may experience what's called a psychic opening as they learn or practice. For this reason, it's important that every Reiki practitioner master the ability to navigate their empathic and psychic sensitivities while engaged in this work—and this book can help.

Whether you're new to Reiki or you're a practitioner seeking to deepen your knowledge and enhance your skills, with this guide you'll learn how to use Reiki to heal yourself and others, cultivate and trust your natural intuition, develop your empathic and psychic abilities, work with your spirit guides, and ground and protect yourself as a practitioner of this sacred healing art.

For more information, contact Kelley Twombly

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Photo By Ksenia Verdiyana

LISA CAMPION is a psychic counselor and Reiki master teacher with over twenty-five years of experience. She has trained more than one thousand practitioners in the hands-on, energy-healing practice of Reiki, including medical professionals, and has conducted more than fifteen thousand individual sessions in her career. Based near Boston, MA, she specializes in training emerging psychics, empaths, and healers so they can fully step into their gifts—the world needs all the healers it can get!

“Lisa Campion is a master’s master. Her down-to-earth genius shines through in her breakthrough book. *The Art of Psychic Reiki* is here right on time to help so many gifted healers of the world come out from hiding and shine the light they were put on Earth to share.”

—Kelly Sullivan Walden, dream expert and best-selling author of *It’s All in Your Dreams*

“We are learning that the energetic body is every bit as real as the physical body. This means that a new generation of healers is needed, as we discover more and more about how the release of invisible wounds activates a more powerful, liberated life on every level. I appreciate Lisa Campion’s thorough explanation of this work, and how she teaches people to embrace their own healing and their gifts to serve others.”

—Jacob Nordby, author of *Blessed Are the Weird*

“In her book, *The Art of Psychic Reiki*, Lisa Campion explains in a clear and grounded manner how the system of Reiki goes hand in hand with being a psychic and an empath. This is a wonderful book for anybody who would like to delve deeper into this subject.”

—Frans Stiene, author of *The Inner Heart of Reiki* and *Reiki Insights*

“*The Art of Psychic Reiki* has made a connection in how learning Reiki can open us even more to ourselves, our recipients, and the world.”

—Rashmi Khilnani, author of the Reiki master handbook *The Divine Mother Speaks*

“As one of Lisa Campion’s Reiki master teachers, it’s wonderful that she has helped those who find themselves in a psychic opening while studying Reiki. *The Art of Psychic Reiki* is a must-have book for those who are learning Reiki or who wish to go deeper into their Reiki practice.”

—Sharon Wilsie, author of *Horse Speak* and *Horses in Translation*

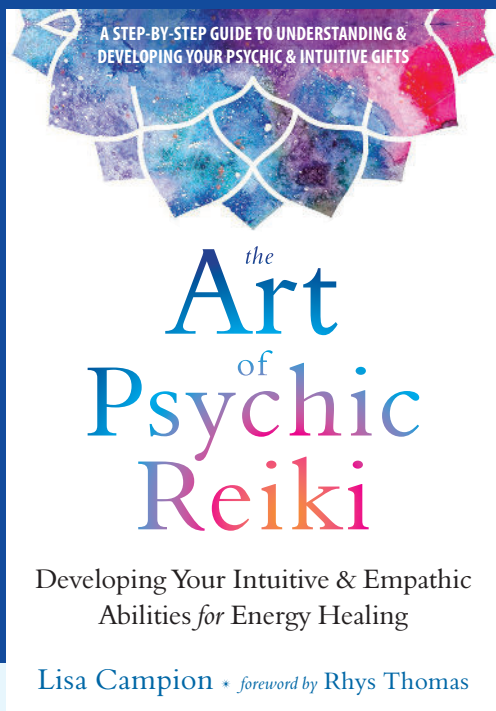
“You can use Reiki training for more than healing. You can use it for the development of psychic abilities and intuitive awareness; for understanding what an empath is; for tips on grounding your own health and energy itself...colors and chakras; working with angels/guides/nature/spirits; Reiki attunements; and so much more. Lisa, as a master teacher, introduces us to a fuller concept of Reiki that takes us above and beyond anything written before on the subject. Just the part on the difference between psychic abilities and intuitive awareness is worth the price of this book alone. The power and scope of *The Art of Psychic Reiki* is amazing. It is a true treasure!”

—P.M.H. Atwater, LHD, researcher of near-death experience and spiritual transformation; author of *The Big Book of Near-Death Experiences*, *Near-Death Experiences*, *Dying to Know You*, *Future Memory*, and *A Manual for Developing Humans*

Praise

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About the Authors

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Foreword writer **RHYS THOMAS** is a visionary author, speaker, trainer, and coach in the personal growth and energy medicine field. He is author of *Discover Your Purpose*, founder of the Rhys Thomas Institute of Energy Medicine, and creator of the Rhys Method®.

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the Art of Psychic Reiki

Developing Your Intuitive & Empathic Abilities for Energy Healing
Lisa Campion * foreword by Rhys Thomas

Reiki is a gentle yet powerful, energy healing method—with massage therapists, bodyworkers, and physicians all attesting to its powers to heal. Many deeply sensitive people are drawn to the sacred art of Reiki, but may struggle to navigate the empathic, intuitive, and psychic abilities that open up with this highly effective energy work. This book can help you master and fully engage in this healing practice.

Written by a Reiki master teacher, and based on decades of experience, *The Art of Psychic Reiki* is a comprehensive, step-by-step guide for learning this sacred healing art while cultivating the psychic and empathetic skills crucial to this energy work. Whether you're new to Reiki or seeking to deepen your knowledge and enhance your practice, this book will guide you on your healing path.

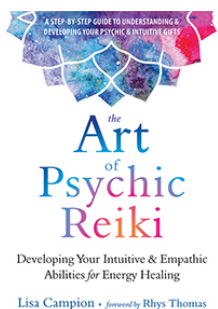
Discover Psychic Reiki's healing powers:

- Use Reiki to heal yourself and others (pets, too!)
- Cultivate and trust your intuition
- Develop your psychic abilities
- Tap into your higher, spiritual wisdom

"The Art of Psychic Reiki is here right on time to help so many gifted healers of the world come out from hiding and shine the light they were put on Earth to share."

—Kelly Sullivan Walden, dream expert and best-selling author of *It's All In Your Dreams*

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THE ART OF PSYCHIC REIKI QUESTIONS

1. I have heard that Reiki is a gentle, hands on energy healing technique from Japan that anyone can learn. Can you tell us more about it?
2. You started out your professional life becoming a professional psychic. When did you know you were psychic?
3. Why “Psychic Reiki?” Why do you teach them together?
4. You make a distinction between intuition and psychic. What’s the difference?
5. What are some steps people can do to strengthen their psychic skills?
6. You talk a lot about empaths in your book. What’s an empath and why do they need extra help?
7. You focus a lot on these energy management fundamentals, what are they?
8. Do we really all need to learn to manage our energy better? Do healers need this more than other people, or can anyone benefit.
9. What are some simple things people can do to learn to manage their energy?
10. Can people really learn Reiki from this book? Eventually you need to work with someone who can give you an attunement- what is that?
11. Can I be doing Reiki, even if I haven't been attuned?
12. What is the importance of spiritual practice for healers?
13. Anything that you want to say to any aspiring healers out there?

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ENERGY VAMPIRE QUESTIONS

1. What is an Energy Vampire and why are we hearing about them so much now?
2. There are three types of energy vampires, can you tell us about them?
 - a. Predatory Vamps
 - b. Victim Vamps
 - c. Temporary/situational vamps
3. Are highly sensitive people more prone to attract them? What is the dance between empaths and vampires?
4. What is the grossest kind of energy stealing you have seen?
5. Does anyone do it deliberately? What about subcultures of people who identify this way?
6. You say that sex is the easiest time to get drained, why is that and what can be done?
7. Is it important to clean up old relationships? What do we do about old lovers who still hook us?
8. Are the spirits that do this too, not just people?
9. What are some concrete ways to protect yourself?
10. What exactly is a boundary? What are some good ways to set a boundary?
11. What about the possibility that we are energy vamps ourselves? How do you know if you are?
12. Is being an energy vampire a kind of addiction and can they be reformed or cured?
13. How do we find healthy ways to fill our needs?
14. What are the main “energy sources” that we can take from that are healthy?
15. What do we need to do every day to help us keep our energy clear and strong?

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