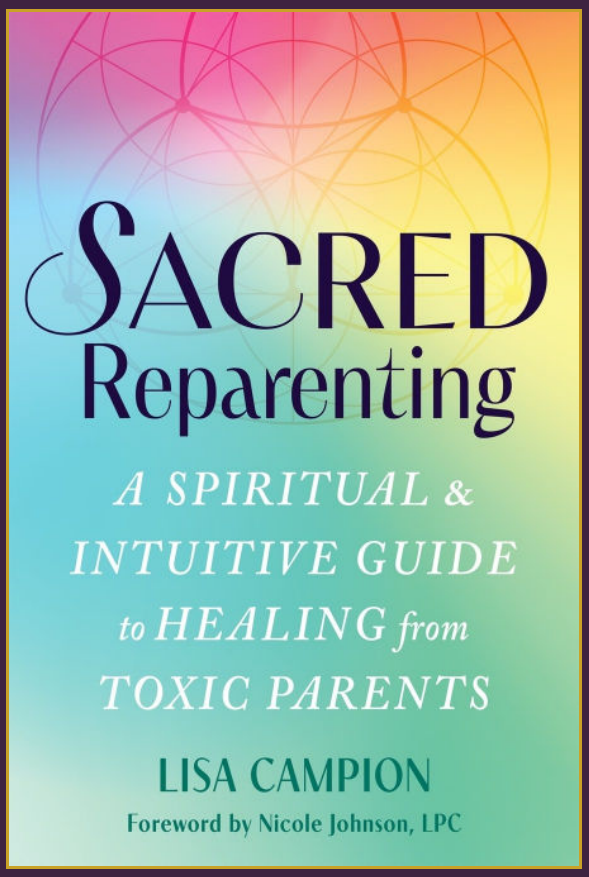
PRESS & MEDIA KIT



Sacred Reparenting

A Spiritual and Intuitive Guide to Healing from Toxic Parents

Lisa Campion

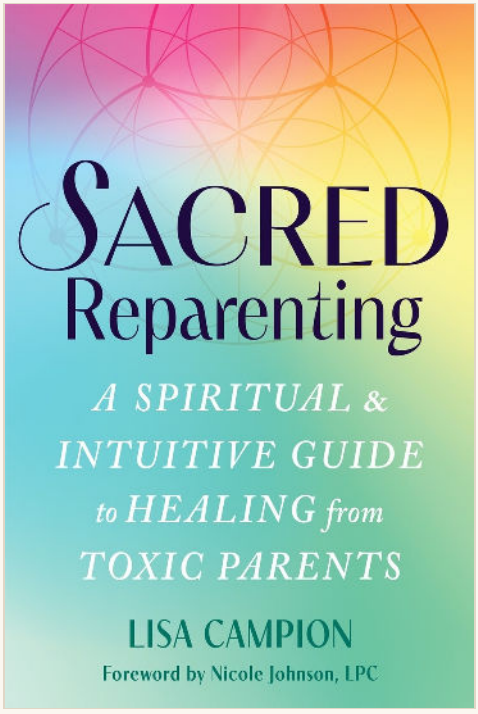
FORTHCOMING DECEMBER 1, 2026

WWW.LISACAMPION.COM

FORTHCOMING BOOK

Sacred Reparenting

A Spiritual and Intuitive Guide to Healing from Toxic Parents



PUBLICATION
December 1, 2026

PUBLISHER
Reveal Press, an imprint of New Harbinger Publications

ISBN
978-1-64848-868-9

FORMAT
200 pages
Paperback, Kindle, and audiobook

FOREWORD
Nicole Johnson, LPC

Healing from toxic parenting is not only an emotional or psychological journey. It is a sacred one.

In *Sacred Reparenting*, Lisa Campion invites readers on a spiritual path to heal their inner child, reclaim their intuition, and free themselves from the energetic patterns of dysfunctional families.

Written for empaths, intuitives, and spiritually attuned readers, the book shows how childhood wounds shape adult relationships, self-worth, boundaries, and spiritual connection. It then offers a compassionate path from survival to safety, self-trust, and wholeness.

Guided meditations, journaling prompts, ancestral healing techniques, and intuitive exercises help readers end cycles of emotional inheritance and create a new legacy of love and freedom.

READERS WILL LEARN TO

- Release inherited family wounds and reclaim personal sovereignty
- Reconnect with the light side of the inner child to rediscover play, joy, and creativity
- Integrate psychic and intuitive gifts as tools for self-healing
- Establish spiritual boundaries and a deep sense of inner safety
- Develop a relationship with the Divine Parent archetype to experience unconditional love

Available for preorder now. Advance and review copies, cover art, and interview availability can be arranged through info@lisacampion.com.

CORE THEMES AND TAKEAWAYS

What Readers Will Discover

Release the Inherited Wound

Recognize the emotional and energetic patterns carried through families, and begin ending cycles that were never theirs to continue.

Build Inner Safety

Understand why boundaries and self-trust can feel dangerous after dysfunctional parenting, then create a steadier internal foundation.

Reclaim Intuition

Separate fear, conditioning, and the inner critic from genuine inner knowing, and restore trust in psychic and intuitive gifts.

Recover the Light Side of the Inner Child

Reconnect with play, joy, creativity, curiosity, spontaneity, and the parts of the self that survival pushed aside.

Become the Loving Inner Parent

Learn to care for the parts that adapted to survive without shaming or abandoning them.

Connect with the Divine Parent

Develop a spiritual relationship with unconditional love, protection, guidance, and belonging.

FOR PRODUCERS AND HOSTS

Suggested Interview Questions

THE SACRED JOURNEY

01 What is sacred reparenting, and how does it expand traditional inner-child work?

02 Why is healing from toxic parenting a spiritual journey as well as an emotional one?

03 How do childhood survival patterns continue shaping our adult relationships and self-worth?

INTUITION AND INNER SAFETY

04 How can childhood wounds disconnect us from our intuition and spiritual connection?

05 Why can boundaries feel dangerous for people raised in dysfunctional families?

06 How can empaths and intuitives create a genuine sense of inner safety?

RECLAIMING WHAT WAS LOST

07 What is the light side of the inner child?

08 How do we recover play, joy, creativity, and curiosity after a difficult childhood?

09 How can psychic and intuitive gifts become tools for self-healing?

ENDING THE CYCLE

10 What are inherited family wounds, and how can we release them?

11 Who or what is the Divine Parent archetype?

12 What is one sacred reparenting practice someone can begin today?

ABOUT THE AUTHOR

Lisa Campion

Training the healers the world needs



Lisa Campion is an author, psychic mentor, and Reiki master teacher who has spent more than 40 years helping people heal old patterns, trust their intuition, and become more fully themselves.

Lisa began working professionally as a psychic at 19 and has since conducted more than 15,000 individual sessions. For more than 27 years, she has taught Reiki, psychic development, and energy healing, training thousands of students to work confidently and skillfully with their intuition and sensitivity.

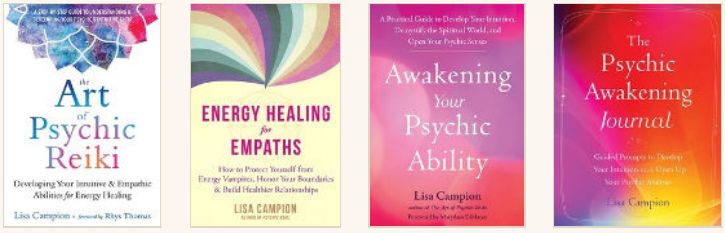
She is the author of *The Art of Psychic Reiki*, the award winning *Energy Healing for Empaths*, *Awakening Your Psychic Ability*, and *The Psychic Awakening Journal*. Her fifth book, *Sacred Reparenting*, is forthcoming December 1, 2026.

Lisa hosts The Miracle of Healing and teaches online programs in Reiki, psychic development, energy healing, and spiritual growth. Based near Providence, Rhode Island, she specializes in helping psychics, empaths, and healers understand their sensitivity, develop healthy boundaries, and trust what they perceive.

AT A GLANCE

- 40+ years of professional experience
- Began working professionally at 19
- 15,000+ individual sessions
- 27+ years teaching Reiki
- Thousands trained in Reiki, psychic development, and energy healing
- Four published books; a fifth forthcoming
- Host of The Miracle of Healing
- Based near Providence, Rhode Island

ALSO BY LISA CAMPION



The four published titles form a coherent body of work about healing, intuition, boundaries, self-trust, and becoming more fully ourselves.

PRESS & MEDIA KIT

Lisa Campion

Author, psychic mentor, and Reiki master teacher



BOOKING AND MEDIA INQUIRIES

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PODCAST	The Miracle of Healing

EXPERTISE

- Sacred reparenting and inner-child healing
- Reiki and energy healing
- Psychic development and intuition
- Empaths, boundaries, and self-trust

Press assets

High resolution photographs, book cover art, approved bios, advance or review copies, and custom interview angles are available from info@lisacampion.com. New photography will be added following Lisa's upcoming photo shoot.