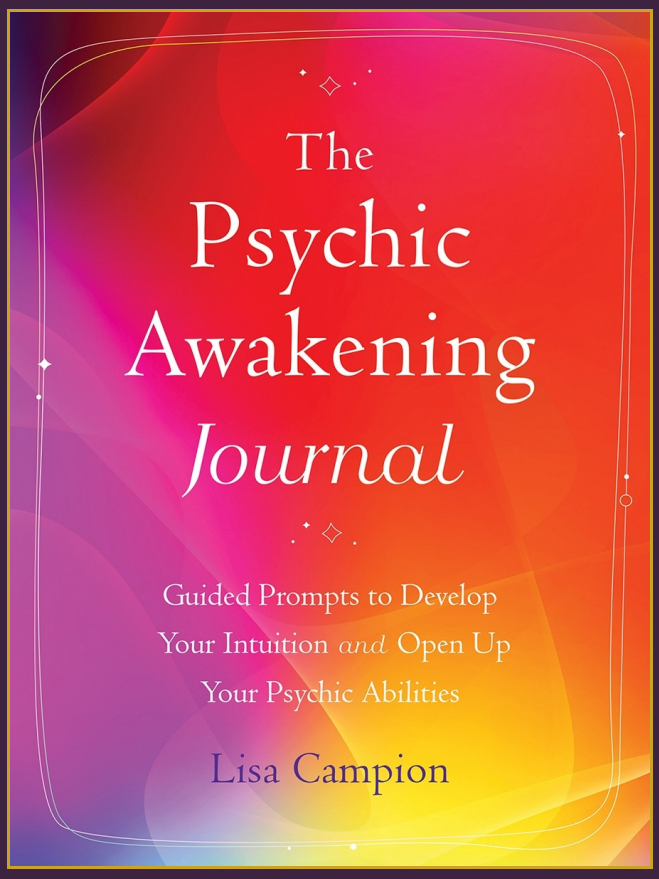
PRESS & MEDIA KIT



The Psychic Awakening Journal

Guided Prompts to Develop Your Intuition and Open Up Your Psychic Abilities

Lisa Campion

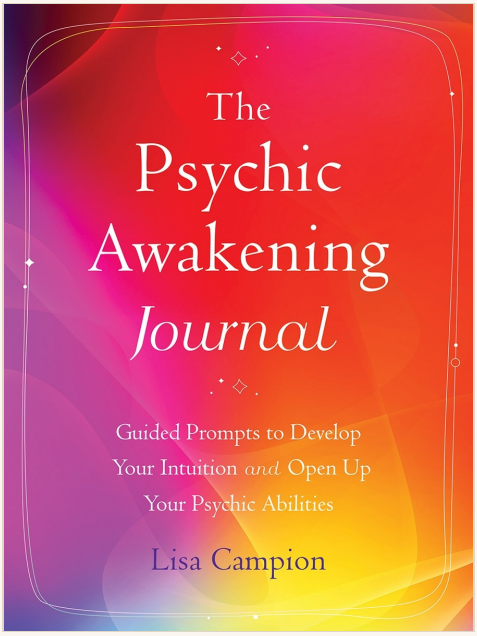
NEW HARBINGER PUBLICATIONS · 2023

WWW.LISACAMPION.COM

ABOUT THE BOOK

The Psychic Awakening Journal

Guided Prompts to Develop Your Intuition and Open Up Your Psychic Abilities



PUBLISHER
New Harbinger Publications

PUBLISHED
2023

ISBN
978-1-64848-166-6

PRICE
$21.95

COMPANION TO
Awakening Your Psychic Ability

Have you been told that you are deeply intuitive? Do you ever have a sense that something will happen, and then it does? If so, you may be psychically gifted. And if you are like many other gifted individuals, these psychic experiences often feel strong in the moment, but are easily forgotten if you do not make a record of them.

If you are still wondering whether you are psychic, the answer is yes. You are, and so is everyone. Psychic ability is a lot like athletic ability. Everyone has some, and we can all grow our potential if we work at it. It is a muscle that needs regular workouts.

It takes two things to maximize psychic skills: knowledge and practice. This prompted journal is all about the practice. One of the first things Lisa asks her psychic students to do is get a journal and label it Psychic Journal. This is that tool, created for you.

USE THE JOURNAL TO RECORD

- Tarot and oracle card pulls
- Psychic experiences in waking life and in dreams
- Signs, omens, and synchronicities
- Psychic opening exercises
- Thoughts and reflections about your psychic growth

Available now wherever books are sold. Order through Amazon, Barnes and Noble, or any independent bookseller. Review copies and cover art are available on request.

WHAT PEOPLE ARE SAYING

Praise for The Psychic Awakening Journal

> *"One of the best tools I have ever experienced for awakening one's intuitive ability. I was astonished at how many of the exercises seemed deceptively simple, and then yielded astounding results. I will be recommending this phenomenal book to all of my future clients and students."*
>
> Lauren Sapala, author of *The INFJ Writer* and *The INFJ Revolution*

> *"The best book we will ever read about our psychic development is our own journal, and Lisa Campion has created this one just for us. It is a must have tool for growing along the path of psychic and spiritual development."*
>
> Kelly Sullivan Walden, author of *A Crisis Is a Terrible Thing to Waste*

> *"Lisa Campion takes readers on a deep dive into the nature of psychic abilities. She offers a guided journaling path for accessing your intuition and psychic awareness. This is one of these tools, and it can help you get in touch with your wisest self."*
>
> Lynda Monk, director of the International Association for Journal Writing

> *"If you want a simple and straightforward way to awaken your psychic abilities, look no further than this playful and insightful journal."*
>
> Victoria Shaw, PhD, LPC, host of the *Intuitive Connection* podcast



Lisa Campion. High resolution files available on request.

FOR PRODUCERS AND HOSTS

Suggested Interview Questions

THE JOURNAL PRACTICE

01 Why a journal? How does using a journal help you develop your psychic abilities?

02 What is the difference between intuition and psychic ability?

03 Is everyone psychic, or is this something only special people are given?

04 Your psychic abilities started when you were just a child. What was that like?

MYTHS AND MISCONCEPTIONS

05 Why would we want to maximize our psychic abilities? What are they really good for?

06 How has the media portrayed psychics, and what myths has that created?

07 What do you say to people who are skeptical about psychic experiences?

WORKING WITH THE PROMPTS

08 Tell us about the psychic senses, the clairs. How do we tell which ones we have?

09 What are spirit guides, and do we all have them?

10 How do these beings communicate with us, and how do we increase that communication?

11 Lots of people are scared of psychics and scared of their own abilities. How do we overcome that?

12 What are some of the things we can do to increase our psychic abilities?

13 Some people feel overwhelmed by their sensitivities. How do we turn it down so we can function?

ABOUT THE AUTHOR

Lisa Campion

Training the healers the world needs



Lisa Campion is an author, psychic mentor, and Reiki master teacher who has spent more than 40 years helping people heal old patterns, trust their intuition, and become more fully themselves.

Lisa began working professionally as a psychic at 19 and has since conducted more than 15,000 individual sessions. For more than 27 years, she has taught Reiki, psychic development, and energy healing, training thousands of students to work confidently and skillfully with their intuition and sensitivity.

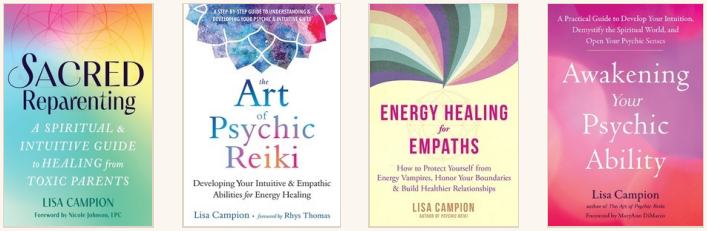
She is the author of *The Art of Psychic Reiki*, the award winning *Energy Healing for Empaths*, *Awakening Your Psychic Ability*, and *The Psychic Awakening Journal*. Her fifth book, *Sacred Reparenting*, is forthcoming December 1, 2026.

Lisa hosts The Miracle of Healing and teaches online programs in Reiki, psychic development, energy healing, and spiritual growth. Based near Providence, Rhode Island, she specializes in helping psychics, empaths, and healers understand their sensitivity, develop healthy boundaries, and trust what they perceive.

AT A GLANCE

- 40+ years of professional experience
- Began working professionally at 19
- 15,000+ individual sessions
- 27+ years teaching Reiki
- Thousands trained in Reiki, psychic development, and energy healing
- Four published books; a fifth forthcoming
- Host of The Miracle of Healing
- Based near Providence, Rhode Island

ALSO BY LISA CAMPION



Sacred Reparenting arrives December 1, 2026. Advance and review copies can be arranged through the contact below.

PRESS & MEDIA KIT

Lisa Campion

Author, psychic mentor, and Reiki master teacher



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PODCAST	The Miracle of Healing

EXPERTISE

- Sacred reparenting and inner-child healing
- Reiki and energy healing
- Psychic development and intuition
- Empaths, boundaries, and self-trust

Press assets

High resolution photographs, book cover art, approved bios, advance or review copies, and custom interview angles are available from info@lisacampion.com. New photography will be added following Lisa's upcoming photo shoot.